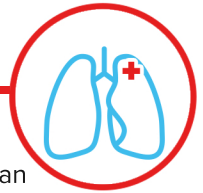


2019 Novel Coronavirus (2019-nCoV)



HEALTHY
CHICAGO

CHICAGO DEPARTMENT OF PUBLIC HEALTH



PREVENTION STEPS

Public health staff will determine whether you can return home to monitor symptoms. If you are determined to be **low risk**, there are no restrictions to your activities and you should monitor yourself for fever, cough, and difficulty breathing and contact the Chicago Department of Public Health (CDPH) as necessary. If you are determined to be **medium risk**, you should avoid group settings, including work and school, and try to stay home as much as possible except for brief necessary tasks like picking up food and medicine. If possible, have another family member accomplish these tasks for you.

Practice social distancing. For the next 14 days, avoid large groups, public transportation, taxis, or ride-shares. Depending on your risk, you may be asked to avoid work, school, and other public areas as above.

Separate yourself by staying in a different room from other people in your home. Use a separate bathroom, if available.

Call ahead before visiting your doctor to tell that you have, or are being evaluated for, 2019-nCoV infection. This will help the healthcare provider's office take steps to keep other people from getting sick.

Wear a facemask when you are in the same room with other people and when you visit a healthcare provider.

Cover your coughs and sneezes with a tissue, or you can cough or sneeze into your sleeve. Throw used tissues in a lined trash can.

Wash your hands often and thoroughly with soap and water for at least 20 seconds, especially, after coughing or sneezing. You can use an alcohol-based hand sanitizer if soap and water are not available. Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid sharing household items like dishes, drinking glasses, cups, eating utensils, towels, bedding, or other items with other people in your home. After using these items, wash them thoroughly with soap and water.

For more information visit www.chicago.gov/2019-nCoV or call **312-746-SICK (7425)** during business hours or **311** during evenings, weekends, and holidays.